



# Westcoast Dharma Society

vipassana and metta meditation retreats

## Dana Support for Westcoast Dharma Society

Thank you for the many ways you support meditation retreats and workshops through your attendance and practice, through volunteering your time and energy, and through financial contributions as you are able.

WDS appreciates and relies on donations to sustain our program of meditation practice opportunities each year. Registration fees do not cover all of the organizing costs. We rely on donations to make up the shortfall. Because of past support and generosity, WDS events have continued to be relatively inexpensive, and financial assistance continues to be available for all who need it.

Registration fees contribute, but do not cover all costs associated with:

- increasing air travel and direct expenses of visiting teachers,
- retreat expenses, including increasing costs for facilities,
- the WDS website, e.g., online registration for retreats and classes,
- free online digital Dharma retreat talks,
- retreat advertising, e.g., flyers and posters,
- office expenses, including payment to our part-time Executive Director, and
- the increasing need for reduced-fee registration for all who need financial support to attend retreats.

Please help us sustain WDS retreats and workshops if you can. Since WDS is a registered charity, your financial generosity is tax deductible.

Donations can be made online, at [www.westcoastdharma.org/dana/index.htm](http://www.westcoastdharma.org/dana/index.htm) with credit card; or a cheque can be mailed to WDS with this form.

## Events in 2017

- *Stabilizing the Mind with Concentration* Teaching and Meditation Practice Workshop at UBC Asian Centre: February 24 - 26 with Dr. Susan Mickel
- Organized Self-Retreat for Experienced Meditators at Sea to Sky Retreat Centre: June 13 - 18 with supporting teacher, Linda McDonald
- Organized Self-Retreat for Experienced Meditators at Sea to Sky Retreat Centre: August 22 - 27 with supporting teacher, Linda McDonald

## Events in 2018

- *Shift Into Freedom: Non-Dual Insight Meditation* Workshop and Practice Retreat at the UBC Asian Centre: February 23 - 25 with Loch Kelly
- Residential Organized Self-Retreat for Experienced Meditators at Sea to Sky Retreat Centre: May 1 - 6 with Supporting teacher, Linda McDonald
- *Introduction to the Essence Traditions* Teaching and Meditation Practice Workshop at the UBC Asian Centre: May 11 - 13 with Dr. Susan Mickel

Please print your name and address, and mail this Dana Support form to:  
Westcoast Dharma Society, #310 - 2655 Cranberry Drive, Vancouver, BC V6K 4V5

- I am enclosing a donation to support WDS meditation retreats and workshops.
- I wish to receive a tax receipt by regular mail; or  I wish to receive a tax receipt by email.

Name \_\_\_\_\_ Tel (home) \_\_\_\_\_

Address \_\_\_\_\_ Tel (mobile) \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

E-Mail \_\_\_\_\_ (please PRINT mindfully)